

SEPTEMBER VIRTUALMED STAFF NEWSLETTER

The telemedicine industry has been busy!

From “busting the myths around virtual psychotherapy” to new insights into treating concussions, there is a lot happening.



A message from our President, Jack Williams

While telehealth programs can provide outstanding patient care virtually, these programs require a seamless team approach to launch successfully and sustainably. VirtualMed rises to the challenge with talented, committed teams that keep programs up and running, enabling hospitals to see more patients with excellent results.

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Check out our latest content!



How telemedicine is helping sports-related concussion treatment

Sports accidents are often the cause of concussions, with an estimated 1.6 million to 3.8 million occurring in the U.S. every year. While concussions vary in severity, they require a prompt and comprehensive exam from a qualified medical provider as soon as possible. Telemedicine is one such way that athletes receive immediate and needed concussion care.

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5 reasons why telemedicine is busting the myths around virtual psychotherapy

According to the American Psychiatric Association, there are promising results and increased patient satisfaction from online therapy. Effectiveness, quality, diagnosis accuracy, patient privacy, and confidentiality have been found to be equivalent to in-person visits, which is why telepsychiatry continues to bust myths around virtual psychotherapy.

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Associate perspective: Concussion awareness day brings spotlight to teleneurology

With concussion awareness day this month, it is important to increase awareness that diagnosis, treatment plans, and follow-up care can be completed utilizing teleneurology services. In most circumstances, medical personnel assess the patient onsite while a neurologist remotely – delivers quality care, helping put patients back on the road to recovery!

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VirtualMed Staff recognizes the importance of work/life balance

At VirtualMed Staff, work/life balance is a much-discussed topic, as it is paramount for overall well-being. With Working Parents Day on September 16th, we surveyed several team members to get their perspectives, learn about how our own team manages priorities at work and home, and what we could do better as a company to support their needs.

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September is Suicide Awareness Month

National Suicide Prevention and Awareness Month is recognized every September to educate about the warning signs, risk factors, and most importantly, what to do if you or someone you know is putting themselves in danger. The rate of suicide deaths in the U.S. is alarming, but together we can make a difference. By taking the time to learn more, you will be better prepared to help.

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What’s happening in telemedicine?

Telemedicine is a hot topic right now. Here are some of the latest headlines from around the healthcare industry that may be of interest.

- [The “grave threat” posed by the shortage of neurologists](#)
- [AAN urges legislators to tackle US neurologist shortage, extend telehealth services](#)
- [Increased telehealth use during pandemic linked to reduced overdose risk](#)

Important dates in healthcare

Health holidays don’t just exist to raise awareness about the health issues people live with every day, but also to celebrate those in the medical field who work tirelessly to improve patient care. Below are some notable holidays concerning healthcare.

- September – Suicide Awareness Month
- September – Leukemia and Lymphoma Awareness Month
- September 10th – World Suicide Prevention Day
- September 16th – National Concussion Awareness Day
- September 18th-24th – Telehealth Awareness Week
- September 25th – National Psychotherapy Day
- October – National Depression Education & Awareness Month
- October 6th – National Depression Screening Day
- October 10th – World Mental Health Day
- October 26th – Lung Health Day