

OCTOBER VIRTUALMED STAFF NEWSLETTER

No tricks. Just treats with telemedicine!

This is an eventful month for the medical industry. October recognizes several mental health holidays, offices are buzzing with patients scheduling visits before the end of the year, and Halloween (a busy day for EDs) is around the corner. But, telemedicine is here to help. See how.



A message from our President, Jack Williams

Jackson Healthcare provides hundreds of donations annually to nonprofits of all types, and VirtualMed Staff gladly participates in this endeavor. One organization we support is Sunshine on a Rainy Day, which creates custom rooms for children with special needs at no cost to the family. Our associates volunteer gladly across these nonprofits because making a difference fuels our commitment to the idea of giving gladly.

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Check out our latest content!



Migraine sufferers find telemedicine provides convenient and comfortable care

For the 39 million Americans that have migraines, prompt diagnosis and treatment are crucial. Unfortunately, the neurologist shortage has made seeking treatment challenging for some; however, because migraines are not diagnosed through blood tests or MRIs, but through conversations and assessments with a physician, migraine evaluations are easily adaptable for teleneurology.

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Four ways teleneurology is relieving the strain on emergency departments

Strokes account for 6.4 million visits to the emergency department, 3.5 million patients come in for headaches and almost 2 million visit hospitals due to traumatic brain injuries. These conditions require immediate treatment. Teleneurology is stepping up, resulting in better patient outcomes and allowing practices to balance their in-house resources effectively.

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How teleneurology and telepsychiatry work together for better treatment

Anxiety, sleep disorders, depression, post-traumatic stress disorder, and addiction issues are common for those with neurological conditions, making it clear that mental health needs to be considered in treatment plans. Virtual care can help, and there are several benefits of delivering teleneurology and telepsychiatry together.

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October focuses on mental health awareness and treatment

During October, we recognize National Depression Education and Awareness Month, National Depression Screening Day, and World Mental Health Day. These holidays are meant to educate others about the symptoms of depression, remove the stigma around treatment, and demonstrate why efficient psychiatric care makes a difference.

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What's happening in telemedicine?

Telemedicine is a hot topic right now. Here are some of the latest headlines from around the healthcare industry that may be of interest.

- [New clinical trial to assess telehealth strategies for migraine treatment](#)
- [Why telemedicine is still the first choice for 91% of patients](#)
- [The punctuated equilibrium of telemedicine: digital health solutions and government's role](#)

Important dates in healthcare

Health holidays don't just exist to raise awareness about the health issues people live with every day, but also to celebrate those in the medical field who work tirelessly to improve patient care. Below are some notable holidays concerning healthcare.

October – National Depression Education & Awareness Month

October 6th – National Depression Screening Day

October 10th – World Mental Health Day

October 26th – Lung Health Day

November – National Alzheimer's Disease Awareness Month

November – National Diabetes Month

November – National Epilepsy Awareness Month

November 2nd – National Stress Awareness Day

November 7th – National Cancer Awareness Day

November 13th – 19th – Nurse Practitioner Week

November 17th – National Rural Health Day

November 24th – National Family Health History Day